

# The Joshua Tree

February 16, 2021

## HELPING SENIORS BECOME AGE WISE

This week we were joined by **Liseth Tupe** and **Estela Silva** from the San Bernardino County Department of Aging and Adult Services who shared innovative approaches to caring for our Senior Citizens with their non traditional Age Wise program.



Older adults face multiple challenges such as physical, financial, relational, and emotional losses in their lives, which can result in serious behavioral health problems and can lead to impairments in activities of daily living. Multiple losses demand multiple service needs, such as food, financial assistance, health advocacy, legal aid, recreational/social therapy, housing, or hospice care that need to be coordinated for the welfare of the person. There is also the seriousness of mental illness from isolation, co-morbid disorders (medical, mental, or substance abuse), experiencing complicated grief and loss issues, or have been a victim of abuse, exploitation, scams, identity theft. In the Age Wise program, if an individual is assessed to have severe mental illness, they will provide therapeutic services. Those assessed with mild or moderate mental illness are linked to other appropriate services.

For these circumstances, plus others not noted above, it shows just how important a program like Age Wise truly is. Age Wise is a non-traditional mental health program for the high-risk and under-served older adult population. Services are provided throughout the County of San Bernardino to older adults who would benefit from behavioral health

and wellness services and who may be seeking assistance connecting to resources to help meet basic needs. The Age Wise program includes a team of staff with diverse health and wellness specialties and utilizes a multidisciplinary approach, including collaboration with other agencies serving older adults.



Services include field based in-home therapy and case management, which allows older adults to be able to access needed care. Telehealth is now an option that enables Age Wise staff to reach clients during COVID 19 restrictions, as well as

### This Week's Functionaries

**Invocation:** **Bill Edwards**

**Flag Salute:** **Tina Escareño**

**4-Way Test:** **Arsalee Morales**

*Continued on page 2*

## ORR'S ROARS



Thank you goes to Lisseth Tupe and Estela Silva from the County of San Bernardino for taking the time to share about their Age Wise program to assist seniors in our community. All of us in the Rotary Club of Victorville

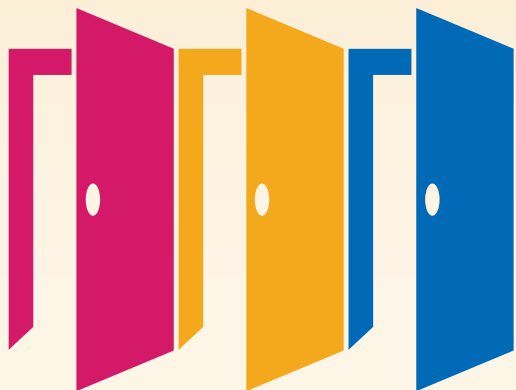
hope you have great success with your program and are able to make a difference in many lives.



Jessica Perez shared with the Club that she is planning for the Club to host the high school 4-Way Speech Contest sometime in March. Stay tuned for confirmation.

Join us at El Pescador or on Zoom next week as we will hear from Dr. Waldren and get an update on life at Victor Valley College.

Steve



[www.victorvillerotary.org](http://www.victorvillerotary.org)

## AGE WISE

Continued from page 1



those who live in remote areas even after the restrictions are lifted. Besides offering behavioral health and wellness therapy, they also assist seniors with intensive case management, locating and connecting to resources, completing forms and applications plus addressing the stigma of participating in the behavioral health and wellness system.

The program is eligible for seniors 59 years or older and receives or qualifies for Medi-Cal. Those who qualify are highly encouraged to reach out to Age Wise if they are feeling isolated, have, or are feeling like they may have a behavioral health condition, currently working through family or relational concerns, had a recent behavioral health hospitalization, or are experiencing thoughts or behaviors which negatively impact daily functioning.

Currently about 76% of the participants in the program are female according to county statistics. Locally in Hesperia, the percentage is around 64%.

Age Wise is a voluntary program. Potential clients have to be willing to participate in treatment. If you know a senior who can benefit from this program please call (800) 451-5633 and a representative will be in contact with them for a screening/assessment.

# Rotary Opens Opportunities

## Big Blue Dice

## Raffle



*Bill Edwards had a chance to grab the Blue Dice, but he drew a white one and gave his \$5 back into the Polio Pig.*

*We will continue next week with 8 dice and \$350 for the Rotarian who can pick the Blue Dice out of the bag.*

## Rotary Guests

We welcomed **Coleen Luque** once again, who shot our marketing video and photos at this week's meeting.



**Bill Edwards** went home with the lion's share of raffle prizes including a Kat Country 100.7 t-shirt and a Y102 t-shirt from **Dwight Johnson** and a \$20 Walmart gift card from **Steve Orr** from Heritage Victor Valley Medical Group. Dwight himself went away the \$25 Midway Home Solutions gift card from **Don Lager**, and **Tina Escareño** won another Calendar from **Esther Mears** at DCB.



## The Polio Pig

**Collected this week: \$17.00**

*Polio Pig: \$12.00 + Dice (Bill Edwards): \$5.00= \$17.00*

**Collected to Date: \$17,719.23**

**Total equals: 96,552 Doses!**

*One dollar equals 2 doses of vaccine!  
\$500 pays for a Polio Clinic!*





## VICTORVILLE ROTARY CLUB OFFICERS

### Board of Directors

President 2019-2021 .....	Steve Orr
President 2021-2022 .....	Jon Hove
President 2022-2023 .....	Arsalee Morales
President 2023-2025 .....	Jessica Perez
President 2025-2026 .....	Bill Edwards
Immediate Past President .....	Margaret Cooker
Treasurer .....	Donna Wells
Executive Secretary .....	Margaret Cooker
Publicity/Public Relations .....	Kevin Kane
Club Service .....	Bill Edwards
Community Service .....	<b>PLEASE VOLUNTEER</b>
International Service.....	Ben Tafoya
Youth Service/Ryla & TLC .....	Arsalee Morales
Vocational Service .....	Jessica Perez
Grants/Speech Contests .....	<b>PLEASE VOLUNTEER</b>
Scholarships.....	Esther Mears and Arsalee Morales
George Hensel Ethics Essay Contest .....	Ron Boyd
Membership.....	Don Lager
Billing Officer .....	Esther Mears

**Members-at-Large:** Dwight Johnson & Rob Kilpatrick

### Positions & Committee Chairs

BOD Secretary .....	Marilyn Buttlerwerth
Programs .....	Mike Page
Public Service.....	Rick Bessinger, Teressa DeAtley
Sergeant At Arms.....	Arsalee Morales
Dan Stover Music Contest.....	Dr. Bowtie Brian
S.T.A.R. Students .....	Jim Barnes/Robin Cackler
Fundraising.....	Bill Edwards
Flowers and Gifts .....	KayMarie Gregory
Joshua Tree Editor .....	Chris Ackerman

The Victorville Rotary Club meets every Tuesday for fellowship at 11:30 a.m. and meeting at 12:00 noon at the Green Tree Golf Course Clubhouse, 14144 Green Tree Blvd., Victorville

### Make-up Days and Locations

<b>MONDAY:</b>	San Bernardino East, Imperial Palace, noon
<b>TUESDAY:</b>	Rancho Cucamonga Sunrise, 7:15 a.m. Empire Lakes Golf Course Rancho Cucamonga, 12:00 p.m., Etiwanda Gardens
<b>WEDNESDAY:</b>	High Desert/Hesperia Club meets 7:00 a.m., Denny's, 14165 Main St., Hesperia San Bernardino Crossroads, Hilton, noon, Barstow, Rositas, 540 Main St, 12:00 p.m.
<b>THURSDAY:</b>	Apple Valley, ZOOM Meetings, 1st, 2nd and 4th Thurs Ontario, 12:15 p.m., Doubletree Hotel San Bernardino, Denny's at I-15, 7 a.m. Redlands, Masonic Temple, noon
<b>FRIDAY:</b>	San Bernardino North, Elks Lodge, 12:05 p.m.

## Calendar Dates

**Mar 5 & 6: PETS for Jon Hove & Arsalee Morales**

**Mar 8: Board of Directors meeting**  
5:30 pm Meeting  
DCB Board Room, 2nd Floor  
Hesperia and Silica Roads

**June 12-19: Taipei Convention (Virtual)**

## Upcoming Programs

**Feb 23:** Dr. Dan Walden, Superintendent / President, Victor Valley College **Topic: VVC Update from Superintendent/President Dr. Daniel Walden** (Acosta)

**Mar 2:** Greta Seidman, Director Public Affairs, Brightline West **Topic: Tracking the Future with Brightline West** (Cooker)

**Mar 9:** Jan Gonzales, Superintendent & Maureen Mills, Excelsior Charter Schools **Topic: Educating Students in the Pandemic** (Cooker)

**Mar 16:** Terry Caldwell **Topic: History of SVL** (Page)

**Mar 23:** John Kozyra, Providence St. Mary **Topic: Hospital** (Page)

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