



The Joshua Tree

March 7, 2023

12 PRINCIPALS FOR PRODUCING RESULTS

This week the Club welcomed another High Desert icon, **Cindy Bostick**, who serves as the Executive Director of Today's Women Foundation. The Foundation strives to build a bridge between successful women leaders, homemakers and entrepreneurs and women that need resources, career skills and support. From single mothers working to get back on their feet, to young women with career goals to patients with serious healthcare issues they strive to empower these women and help transform their lives and the lives of their families. Cindy spoke to the group about one of her many specialties, goal setting and keeping.



“Not Important”, “Urgent” and “Not Urgent”. Many things that fall into the latter category, are things that need to be in the forefront, such as relaxation & sleep, planning & goal setting, enriching relationships, and personal & business growth.

Only 3% of adults have clear written goals. Out of a population of 332 million people, that translates to only 9.9 million, the population of Los Angeles County. Just writing down goals doesn't mean you will accomplish them, and she shared 12 principals to make your goals successful.

1. Action and Attitude - If the messages you are giving yourself are empowering but are not process oriented, then positive results will escape you every time.

2. Gold Time Management - When you fail to focus on tasks that are important, but not time sensitive, they eventually become fires that must be dealt with immediately. Our time is separated by “Important”,

4. Demonstrate Commitment - Commitments need to be both internal and external.

5. Play the Game - Know exactly what you want and know exactly how you are always doing.

6. Focus, Focus, Focus - Dream big, work hard, and surround yourself with good people. When you practice this, you will be drawn to your goals like a magnet.

7. Keep an Eye on the Plan - Doing this step is the same as a pilot watching the dials on his control panel or driving up to a traffic signal.

8. Get and Use Support - Doing this will help you move out of your comfort zone and hold yourself accountable.

9. Motivate Yourself - When you examine, the “why” of your goals, you really find out that drives you.

10. Take Care of Yourself - You need to focus on your development as a person and as a human being.

11. Generate Abundance - This is key to having a healthy relationship with money and learning to live beneath your means.

12. Help Others Produce Results - The more you pass these steps on to others, the more results you will produce.

To get a copy of “10 Questions to Make Your Goals Happen”, please reach out to **Mike Johnson** at michael.johnson@dcbk.org

This Week's Functionaries

Invocation: Chris Ackerman

Flag Salute: David North

4-Way Test: Mike Page

Fine Master: David North



ARSALEE'S AVENUE

Thank you to Cindy Bostick for sharing tips on successful goal keeping with the

Club and to Dan Stover competition student Skyy Saavedra, who played the piano beautifully and will represent our Club at the regional competition.



We need volunteers! On March 26, Majestic Cycles will host the Victorville Stage Bicycle Race in Victorville and our Club has been approached to pour beer that day as a 50/50 fundraiser. Our goal is to raise \$10,000 that day and we need volunteers from the Club to make that happen. Please see myself or Steve Murray to sign up.

We are looking for donations and items to purchase for our Annual Easter Baskets. Please see myself or Steve Murray to sign up!

Congratulations to Jon & Linda Hove who will be recognized as major donors - Level 3 at this year's District Conference.

Until next week, "There is no greater thing you can do with your life and your work than follow your passions - in a way that serves the world and you."

Arsalee

PIANO'S IN THE SKYY



This week the Club held our annual Dan Stover Music Competition and while we only had one contestant, she was a wonderful musician. From Excelsior Charter School, we met Senior **Skyy Saavedra**. Skyy is dedicated to her education and when she graduates in June, she will also receive her AA from Victor Valley College! She works after school at In & Out Burger and loves to read in her free time.

The competition was hosted by **Bill Edwards**, and he was joined by Chair **Dawn Quigg**, and judges **Brad Brand**, **Tim Ruiz** and **Tom Miller**. Timekeeper duties were handled by Dawn and **David North**.

Skyy performed Prelude no.10 by Johann Sebastian Bach and Perfect by Ed Sheeran on the piano. Once the judges met afterwards, Skyy was selected to represent the Club at the upcoming Regional Competition in April. She was also awarded a check of \$400. Normal Dan Stover winners receive up to \$300, but this year an additional \$100 was given in loving memory of the late Past President **Cherie Range**, who was an avid music lover, in lieu of flowers for her memorial.



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ROTARY



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Big Blue Dice



Arsalee Morales had the chance to grab the Blue Dice, but picked a white one and saved the chance for another Rotarian. The pot continues to grow next week with 7 Dice and \$375 for the lucky Rotarian who can grab the Blue Dice.

Raffle

Bryan Gillespie was a big winner this week by taking home a package of hot sauce dynamite and a dog treat pancake maker, both courtesy of **Bill Edwards**. Winning even bigger prizes was guest **Susannah Saavedra**, mother of Dan Stover contestant **Sky**



Saavedra. Susannah left the meeting with Christmas car scents, a cookie gun (both from Bill), a Luci Light from the Club, and a bottle of wine from **David North**, while Sky won a flower grow kit from Bill. The final prize, from Bill of course, was a box of hot coco bombs that will be enjoyed by President **Arsalee Morales**.

Fine Session

David North was our Fine Master this week and only gave out one fine. David fined **Mike Page** \$10 for being able to run a marathon when he cannot.

Paul Harris Fellow



Alicia Anderson was honored this week by **Margaret Cooker**, receiving a Paul Harris Fellows Pin with 4 sapphires for donations of \$5,000 to the Rotary Foundation. Many of her donations have gone directly to literacy programs, such as Read B4k and more.

Wedding Anniversaries

Dan & Kris Dever

53 Years

Rotary Guests

Along with parents, family members and teachers of Dan Stover Contestant **Sky Saavedra**, we were joined by Dan Stover Chair **Dawn Quigg**, plus Judges **Brad Brand**, **Tim Ruiz** and **Tom Miller**.

We were also introduced to **Alfie Sanchez** from Majestic Cycling, who attended with **James Rightmire**, plus **Linda Hove** and **Harrison Hove**, who joined us courtesy of **Jon Hove**. Finally **Michael Johnson** invited **Rick Stonestreet** and **Bryan Spaeth** from Mountain View Baptist Church.

The Polio Pig

Collected this week: \$41.00

Polio Pig: \$36 • Dice (Arsalee Morales) \$5 = \$41.00

Collected to Date: \$19,632.52

Total equals: 100,353 Doses!

*One dollar equals 2 doses of vaccine!
\$500 pays for a Polio Clinic!*

Rotary

Club of Victorville, CA



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If you are not receiving your newsletter, please contact Editor Chris Ackerman at chris@signifydesigns.com or 760-559-1686 to be added to the e-mail or mailing list.

VICTORVILLE ROTARY CLUB OFFICERS

Board of Directors

President 2022-2023	Arsalee Morales
President 2023-2024	Steve Murray
President 2024-2025	Need Candidates
President 2025-2026	Bill Edwards
Immediate Past President	Jon Hove
Treasurer	Donna Wells
Executive Secretary	Margaret Cooker
Club Service	Steve Murray
Community Service	Bryan Gillespie
International Service.....	Ben Tafoya
Youth Service/RYLEA & TLC	Ryan McEachron
Vocational Service	Bill Edwards

Members-at-Large: David North, Mike Johnson, Rob Kilpatrick & Ron Boyd

Positions & Committee Chairs

BOD Secretary	Pam Murray
Billing Officer	Esther Mears
Dan Stover Music Contest.....	Dawn Quigg
Flowers and Gifts	Linda Hove
Foundation & Grants	Margaret Cooker
4-Way Speech Competitions	Mike Johnson
Fundraising.....	Arsalee Morales
George Hensel Ethics Essay Contest	Ron Boyd
Joshua Tree Editor	Chris Ackerman
Membership.....	Steve Murray
Programs	Mike Page
Publicity/Public Relations	Need Volunteer
Public Service.....	Rick Bessinger, Teresa DeAtley, Jeff Armstrong and John Wickum
Sergeant At Arms.....	Steve Murray
Scholarships.....	David North
S.T.A.R. Students	Maureen Mills and Michal Krause

The Victorville Rotary Club meets every Tuesday for fellowship at 11:30 a.m. and meeting at 12:00 noon at the Bear Valley Country Club, 13229 Spring Valley Parkway, Victorville

Make-up Days and Locations

MONDAY:	San Bernardino East, Imperial Palace, noon
TUESDAY:	Rancho Cucamonga Sunrise, 7:15 a.m. Empire Lakes Golf Course Rancho Cucamonga, 12:00 p.m., Etiwanda Gardens
WEDNESDAY:	High Desert/Hesperia Club meets 7:00 a.m., Mile High Cafe, 8832 Orange St., Hesperia San Bernardino Crossroads, Hilton, noon, Barstow, Rositas, 540 Main St, 12:00 p.m.
THURSDAY:	Apple Valley, <i>No Longer Meeting</i> Ontario, 12:15 p.m., Doubletree Hotel San Bernardino, Denny's at I-15, 7 a.m. Redlands, Masonic Temple, noon
FRIDAY:	San Bernardino North, Elks Lodge, 12:05 p.m.

Calendar Dates

Mar 13: Board of Directors Meeting

5:00pm -Fellowship
5:30 pm Board Meeting
ISU ARMAC Insurance Agency
17177 Yuma St., Victorville, CA

April 22: District Assembly

Sitting Bull Middle School
Apple Valley, CA • 8am - 2pm

May 5-7: District Conference

Horseshoe Hotel & Casino
Las Vegas, NV
4-Way Speech Contest (Saturday Breakfast)
Dan Stover Music Contest (Saturday Lunch)

June 24: Demotion Party

5:00pm • Home of Dan & Krisi Dever

Upcoming Programs

March 14: George Hensel Ethics Essay Contest (Boyd)

March 21: Richard Radcliff, VVC Professor **Topic: "TBA"** (Acosta)

March 28: Mike Johnson **Topic: "Thunder, Lightning & Peace: High Schooler CEO Aiding Veterans with Trauma"** (Johnson) **4-Way Speech Contest Regional Competition**

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