Run... Hide... Fight!

This week Rotarians got an inside look at just what causes workplace violence and what to do if you get caught inside this unfortunate situation.

Deputies **Brendan Mahoney** and **Jacob Graham** are School Resource Officers with the VESD, and they come with a wealth of knowledge on not only what causes it, but the signs to look for as well.

The Department of Homeland Security defines an active shooter as an individual actively engaged in killing or attempting to kill people in a populated area. In most cases active shooters use firearms and there is no pattern or

method in their selection of victims.

Anyone can be an active shooter,
there is no stereotypical
race or gender.

anywhere from 5 to 15 minutes, in fact the San Bernardino attack only lasted 13 minutes, so it is very

important

An active shooter

that managers and supervisors be aware of signs to look for. Most employees typically do not just "snap" but display indicators of potentially violent behavior over time. The signs to look for in your employees are increase use of alcohol or drugs, decrease in attention to appearance and hygiene, resistance or overreaction to changes in policy and procedures, talk of severe financial problems, empathy with people who commit violence and a fascination with the Columbine Massacre. These 1999 killers are looked upon as the kings of active shooters and sometimes new shooters are trying to pay homage to them.

If you are unfortunately caught in a workplace violence situation, you only have one real option to survive; run, hide or fight.

Your best first option is to run. Have an escape route and plan in place in your company, leave any personal belongings behind, make sure to evacuate, even if others in your company refuse to follow and if at all possible, help others to escape. Do not try and be a hero, just get out if you can.

The second way to survive is to hide. The best place is an area outside of the shooters' view or in a pre-determined safe room. Lock doors and block the entry, turn out lights, hide behind items such as a cabinet or desk, silence your cell phone, including vibrating tone and stay quiet. Call 911 if at all possible, but active shooters are listening for voices, cell phone noises and even phone vibrations.

Finally, if both of the above survival techniques fail, then fight! As mentioned above, don't try and be a hero, but take action to defend yourself to save your life. Use anything you can find to use as a weapon; scissors, a wall plaque, fire extinguisher or even a coffee mug.

Workplace violence incidents have risen a whopping 87% over the last 7 years, so be prepared in your school and business to watch for signs and make evacuation plans.

This Week's Functionaries

Invocation: David North
Flag Salute: Capt. Sam Lucia
4-Way Test: Kevin Kane
Song: Al Castellucci

ROTARY SERVING HUMANITY



Dwight's Writes

As I begin this week's column, our thoughts and prayers are with Fire Chief **Dan Munsey** and the rest of the fire crews battling the Blue Cut Fire. As we conducted this week's meeting, we could

see out the windows of El Pescador, the fire beginning to expand. Chief Munsey was sending me text messages throughout the meeting, giving us updates whenever possible.

We are taking donation sign-ups right now for this year's Teacher Mini-Grants. All of the money raised through the club goes directly to the educators, to improve education to our local students. Please let **Margaret Cooker** know how much you'd like to be billed for this year.



Stew Anderson spoke about the upcoming Wine, Jazz and More event coming up on September 24th. All of the money raised from this, our biggest event of the year, goes directly back into serving our community, and in the last few years, that money has dropped significantly each time we put on this fundraiser. As of right now we only have 12 commitments to donate raffle prizes and auction items, and we need much

more! Please make a note to donate a prize, sell tickets and get some flyers from **Brad Letner** and spread the word.

This week we celebrated another Rotary birthday with some homemade cookies from my wife **Trish**. This time the birthday boy was **Mark McKay!** Stand-in **Jimmie Smith** took the delicious desserts to deliver to Mark.

Our thoughts are with our partners in the Ensenada Rotary Club, as they announced the passing of Octavio "Cheo" Chavez. He was instrumental in our Water Tank project for their local schools and he will be greatly missed.

Finally, my thought of the week comes from Albert Einstein, "The difference between stupidity and genius is that genius has its limits".

The Polio Pig

Collected this week: \$6.00

Collected to Date: \$13,426.02 Total equals: 87,9910 Doses!

One dollar equals 2 doses of vaccine! \$500 pays for a Polio Clinic!

Rotary Guests

This week we had very few guests in attendance, as well as members. Along with our guest speakers, **Sam Lucia** brought **Chris Fisher** with the Sheriff's Department and **Jimmie Smith** was once again a "Stand-In" for **Mark McKay**. This week we were also happy to have **Jason Montana** in attendance as a "Stand-In" for **Don Lager**.

Attendance has been extremely light lately. You get the most of your Rotary experience by attending each weekly meeting. Please make plans to attend every Tuesday at noon at the Green Tree Golf Course.

Lucky Blue Dice



Big Winner! With 7 dice left, Marie Langley grabbed the Blue Dice and went home with a whopping \$350!!

In the true spirit of selflessness, Marie then donated \$315 of her winnings to the Teacher Mini Grants!

We begin again next week with 14 dice and \$200 up for grabs for one lucky Rotarian who can select the blue dice.

www.VictorvilleRotary.org

Spoon of Exemption



This week spoon holder **Brad**Letner had a very interesting analogy. Imagine you attend an Angles baseball game and in the middle of an inning you stand up by yourself and sing the "7th Inning Stretch". Only the people directly around you will hear you. Now if everyone in the stadium stands up and begins to sing, then everyone in every corner will hear. A lot of voices in unison will make a difference.

And that is what Hesperia 2034 is all about.

Fine Session

This week **Sam Lucia** was our Fine Master and began by noticing that most of our other Fine Masters had chosen to absent (save for **Mark Taylor**), so receiving a \$10 fine were **Terry Caldwell, Dan Munsey** and **Ryan McEachron**.

Gary Adams phone went off during the meeting, so he received a \$10 fine and finally, Don Lager and Russ Stringham skipped town when they were supposed to do a panel talk (with Caroll Yule) this week, which left Sam with the task of putting together a replacement program, so both of Don and Russ received a \$20 fine each!

Raffle Prizes

This week **David North** gave away a Presidential Coins Kit... without the coins! **Stew Anderson** will soon beginning his coin collection.

Kevin Kane gave away a couple of travel mugs that went to **Donna Wells** and **Jason Montana** from Midway and **Dwight Johnson** had a bottle of Blackstone Merlot that will be enjoyed by **Marie Langley**.

Finally, due to **Robin Cackler** being absent, the rest of the raffle belonged to **Gary Adams!** Gary won, two Midway Home Solutions \$25 gift cards, a Go Lunchtime Kit from **Rosanne Weathers** and a Kat Country t-shirt from **Dwight Johnson**.

If Gary Adams used all his raffle winnings, he could make one heck of a gift basket for Wine, Jazz and More. Just sayin.





The Joshua Tree is a Weekly Publication of the Rotary Club of Victorville P.O. Box 734 • Victorville, CA 92393 • www.victorvillerotary.org

If you are not receiving your newsletter, please contact Editor Chris Ackerman at chris@signifydesigns.com or 760-559-1686 to be added to the e-mail or mailing list.

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The Victorville Rotary Club meets every Tuesday for fellowship at 11:30 a.m. and meeting at 12:00 noon at the Green Tree Golf Course Clubhouse, 14144 Green Tree Blvd., Victorville

Make-up Days and Locations

MONDAY: San Bernardino East, Imperial Palace, noon

TUESDAY: Rancho Cucamonga Sunrise, 7:15 a.m.

Empire Lakes Golf Course

Rancho Cucamonga, 12:00 p.m., Etiwanda Gardens

WEDNESDAY: High Desert/Hesperia Club meets 7:00 a.m.,

Denny's, 14165 Main St., Hesperia

Adelanto Club meets 2nd Wed. at Chamber Room at Maverick Stadium at 11:30 a.m., and the 3rd and 4th Wed. at Budweisers, Adelanto Rd,

Adelanto at 8am.

San Bernardino Crossroads, Hilton, noon,

Barstow, Los Domingo's 1520 Main St, Quigley's

Outlet Center, Lenwood, noon

University Prep, 13853 Seneca Rd, 2:00 p.m.

THURSDAY: Apple Valley, Apple Valley Country Club, noon

Ontario, 12:15 p.m., Doubletree Hotel San Bernardino, Denny's at I-15, 7 a.m. Redlands, Masonic Temple, noon

FRIDAY: San Bernardino North, Elks Lodge, 12:05 p.m.

Calendar Dates

Aug 24: WJM Committee Meeting

6:00pm, Home of Brad and Teresa Letner 18175 Lake View Drive, Spring Valley Lake

Sept 24: Wine, Jazz and More 2016

Spring Valley Lake Community Center

Oct 18: Offsite Meeting - Victor Valley

Transit Authority

Noon • 17150 Smoke Tree St., Hesperia

Future Rotary Programs

Aug 23: Jason Lamoreaux, President Coldwell

Banker Commercial, Real Estate Solutions

TOPIC: "State of Commercial Real

Estate" (Basen)

Aug 30: Afshin Arianjam, MD TOPIC: "Joint

Health Management and Prevention"

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Sept 6: San Bernardino County, First District

Supervisor, Robert Lovingood TOPIC: "Update on San Bernardino County"

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Sept 13: OPEN

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