

JOSHUA TREE

September 29, 2015



What's in Your Dog Food?



This week Dr. Ron Boyd from the Victor Valley Animal Hospital introduced Rotarians to our special guests, Dr. Alan Gersten and Annie Moyer from Hill Pet Food.

To many of us our pets are an integral part of our family and we want to feed them the best that is out there. In caring for our four-legged friends, finding the best food can become very confusing. Hills Pet Food helped us today make heads of what is exactly on those food labels.

The Flavor Designator indicates the quantity of

certain ingredients. If a package says only "Chicken" or "Seafood" then about 95% of the ingredients creates that. If the label says "Chick Platter" or "Beef Formula" or "Shrimp Entree", then only about 25% of the ingredients

are then required. Other proteins in those type of labels may contain egg and other nutrients. Incredibly, 0% is required for actual flavor! Some companies use "flavor enhancers", but a good portion of the time, that "Chicken and Potatoes" food you bought for your pet, taste nothing like it.

When you are looking for Ingredient Statements on packaging, be aware, that unlike human food, the order of the ingredients is not always in the order of the highest to the lowest. Protein sources are usually added to the top of the list in ingredient statements. Sometimes water and carbohydrates are added for weight purposes, which can lead to your pet getting a high carbohydrate diet, without you even knowing it! Sometimes companies will even do what is called "Ingredient Splitting" to where multiple sources of carbs are used.

Dr. Alan Gersten broke open some pet food myths as well. One myth is that corn is bad for a dog and causes gastrointestinal upset, when in fact, it is a good source of fatty acids and vitamins. There is also another myth that "Byproducts" are actually inferior to natural ingredients. A byproduct is a secondary product used in addition to the foods primary product, and are common ingredients found in both human and pet. A final myth is that "grain-free" food is better for your pet. Grain Free food is usually potatoes with a few vegetables, and although will help a pet that suffers from allergies, it is not necessarily better for them.

Finally, always buy pet food that are in life stages (puppies/kittens, adults, hairball, etc.) as these will serve your pet in that stage of their development. If you feed your pet a food that is an all-in-one "All Life Stages", then your adult pet is getting only the nutrients that are good for a puppy or kitten.

This Week's Functionaries

Invocation: Flag Salute: 4-Way Test: Song: Van Young Mark Taylor Teressa Coomes Al Castellucci





Tafoya Talk...

Well, here we are everyone.. the final home stretch for the 2015 Wine, Jazz and More event! We hope to see a lot of you out there and bring plenty of friends and potential members. It has always been a great event

and we look forward to your participation. There is still time to bring a live or silent auction item to the event. The more we have, the more money we will raise. I look forward to a great evening.

Margaret Cooker has some great news to share on the Polio front. Thanks to everyone who has contributed to the polio eradication campaign over the years. Your continued efforts have had a large part to play in the fact that Nigeria has been POLIO FREE for 1 year. They have to maintain this status for 2 more years for polio to be considered eradicated in Nigeria.

Calling all chili lovers! On October 10th, we will once again be participating in the Happy Trails Chili Cook-off with a booth of our Rotary chili, and need volunteers throughout the day to man the booth, hand out samples to patrons and invite them to our meeting. You will have fun while meeting your Blue Badge requirements. Please sign up with **Dan Dever.**

On Saturday, October 17th there will be a off-road trip to Calico Hills! Some Rotarians will be leaving Thursday and camping for the weekend, or just show up on Saturday for a day of fun! Please sign up with Dan Dever and let him know if you need a ride or can give a ride.

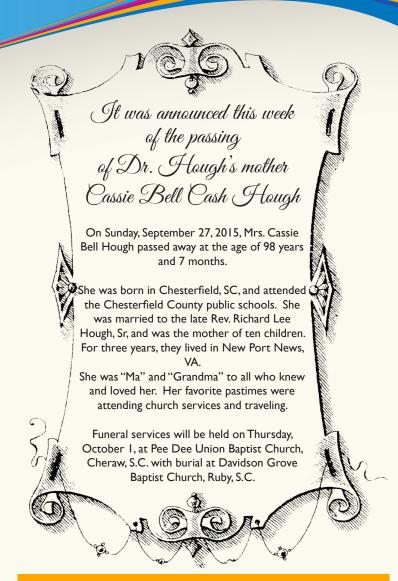
Don't forget members about the upcoming Foundation Dinner on January 2, 2016. The Club will pay half of the cost for a couple, and the Rotary International President will be attendance, so if you are to receive a Paul Harris Fellow, he will present it to you.

The Polio Pig....

Collected this week: \$18.00 *Polio Pig: \$13 + Ron Boyd (Dice): \$5 = \$18.00*

Collected to Date: \$12,699.08
Total equals: 87,463 Doses!

One dollar equals 2 doses of vaccine! \$500 pays for a Polio Clinic!



Fine Session

After an absence of more than a few weeks, **Mark Taylor** was back as our Fine Master today and we were back in business again with hefty fines for those who were celebrating!

Once Mark was done fining **Donna Wells** \$20 for her 18th year anniversary as a Rotarian, he went after the birthday crowd! **Dan Dever** was given a \$50 fine for celebrating a 50th birthday in September, as well as **Ron Boyd**, who was given a fine of \$40 for his 40th birthday. In addition **Bob Basen** was also loosened of \$50 for his special day and **Teressa Coomes** was fined \$35 for her (ahem) 35th birthday....

Steve Flannery begins Radiation Chemo treatment for Cancer next week.

PLEASE KEEP STEVE IN YOUR PRAYERS!

www.VictorvilleRotary.org



Lucky Blue Dice



Dr. Ron Boyd was rewarded for bring our fabulous speaker today in the form of having his ticket picked to draw for the blue dice. As the norm lately, Ron picked a white one, and gave his \$5 winning right back into the Polio Pig. Ron Boyd, spreading good karma anywhere he goes.

7 Dice remain and \$375 up for grabs!

Rotary Guests

David North handled the introduction of our guests today....

Dr. Ron Boyd was the big Rotarian today, as he was the only one who brought guests. As well as our speaker Alan Gersten, and his assistant Annie Moyer, Ron also welcomed Jennifer Welch and Anne Dyior from VVAH.



Raffle Prizes

Dwight Johnson was once again extremely generous, emptying out the closet at El Dorado and bringing a collection of tickets for Events for Rotarians to enjoy! Tickets for the upcoming Mojave Trail Days went to guest presenter, Annie Moyer, guest Annie Dyior, Don Lager and Dr, Ron Boyd. The guest of Dr. Ron Boyd, Annie Dyior also won a pair of tickets to Woodystock. I'm sure she was thrilled to be here as guest today!

Stand-Ins

We had a generous amount of stand-ins today. Tony Cooker was a stand in for Dr. Hough, and Violette Roberts was in for Eldon Heaston. Cathy Caruso was in attendance for Mary Hennessy and finally, Lillian Aquirre was in this week for Mark McKay.

October Birthdays

Victor Rocha	October 07
Mark Taylor	October 11
Stew Anderson	October 11
Ron Wilson	October 12
Jon Hove	October 14
Kirk Riding	October 16
Jim Cox	October 19
Gary Adams	October 20
Mary Hennessy	October 21

October Anniversaries

Marie Langley	4 Years
Cynthia Burden	5 Years
John Hulterstrom	26 Year

VICTORVILLE ROTARY CLUB OFFICERS

Board of Directors

President	Ben Tafoya
Immediate Past President	Steve Murray
Treasurer	Donna Wells
Executive Secretary/Foundation	Margaret Cooker
Incoming President/Membership	Dwight Johnson
Publicity/Public Relations	Kevin Kane
Club Service & President 2016-17	Dan Munsey
Community Service	Brad Letner
Youth Service/Scholarships	Ginger Ontiveros
Vocational Service	Jim Barnes
International	Dan Dever

Members-at-Large:

Rob Kilpatrick • Mark Taylor • Russ Stringham

Positions & Committee Chairs 2014-2015

BOD Secretary	Marilyn Buttelwerth
Sergeant At Arms	Gary Adams
SongMaster	Al Castellucci
Programs	Mike Page
Wine, Jazz & More	Dan Munsey
Cards and Calls	Pam Murray
Newsletter	Chris Ackerman

The Victorville Rotary Club meets every Tuesday for fellowship at 11:30 a.m. and meeting at 12:00 noon at the Green Tree Golf Course Clubhouse, 14144 Green Tree Blvd., Victorville

Make-up Days and Locations

MONDAY: San Bernardino East, Imperial Palace, noon

TUESDAY: Rancho Cucamonga Sunrise, 7:15 a.m.

Empire Lakes Golf Course

Rancho Cucamonga, 12:00 p.m., Etiwanda Gardens

Hesperia, 7:00 a.m., Denny's, 14165 Main St.

WEDNESDAY: Adelanto Club meets 2nd Wed. at Chamber Room

at Maverick Stadium at 11:30 a.m., and the 3rd and 4th Wed. at Astro's Burgers, 11619 Rancho Rd,

Adelanto at 8am.

San Bernardino Crossroads, Hilton, noon, Barstow,

Quigley's Outlet Center, Lenwood, noon University Prep, 13853 Seneca Rd, 2:00 p.m.

THURSDAY: Apple Valley, Apple Valley Country Club, noon

Ontario, 12:15 p.m., Doubletree Hotel San Bernardino, Denny's at I-15, 7 a.m. Redlands, Masonic Temple, noon

Victor Valley Sunrise, Mimi's Cafe, Victorville, 7 a.m.

FRIDAY: San Bernardino North, Elks Lodge, 12:05 p.m.

CALENDAR DATES

Oct. 10: Happy Trails Chili

Cookoff

10:00am - 3:00pm

Lenny Brewster Sports Park, Apple Valley

Oct. 17: Off-Road Trip: Calico Hills

Sign Up with Dan Dever

Jan. 2: Foundation Dinner

Double Tree Hotel, Ontario, CA Rotary Intl. President in Attendance Club will pay 50% of ticket cost.

Upcoming Rotary Programs

Oct. 6: Tim Andersen, General Manager/

Regional Vice President, El Dorado

Broadcasters **TOPIC**: "Sirius,

Pandora & More: Their Impact on

Local Radio." (Yule)

Oct. 13: Mike Ramos, San Bernardino County

District Attorney

STAR Students: Challenger and

Green Tree East

Oct. 20: Dr. Pascal, Desert Valley Hospital

TOPIC: "Educating Our Community on Urgent Care vs. Emergency

(Weathers)

TLC Students talk about Experience

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If you are not receiving your newsletter, please contact Editor Chris Ackerman at chris@signifydesigns.com or 760-559-1686 to be added to the e-mail or mailing list.