

Be a gift to the world



THE JOSHUA TREE

October 20, 2015

Rotary
Club of Victorville, CA



Should I Go to Urgent Care or the Emergency Room?

In the emergency department at Desert Valley Hospital, Dr. Pascal not only has to treat patients, but also determine who needs help the quickest and who should really be at an urgent care facility. If you have a life threatening situation, such as chest pain or a sudden and severe pain, the emergency department is the only option. If you have a less serious situation BUT need immediate attention, that an urgent care facility is the best option.

Both work a bit differently from each other. An emergency room takes anyone, whether they have health insurance or not, but urgent care departments can turn you away if you don't have insurance or if your insurance isn't covered at that facility. It's imperative that you know where the nearest urgent care is to you, that accepts your insurance and has hours that work for you and your family.

You need to go to an emergency room if you have the following conditions: chest pain, difficulty breathing, severe bleeding or head trauma, loss of consciousness and sudden loss or blurred vision. Urgent care facilities are the place to go if your regular physician is closed or cannot get you in for immediate help. Most urgent care centers are open



for extended hours and some on weekends. An urgent care center will best meet your needs if you have minor burns or injuries, sprains and strains, ear infections, non life-threatening allergic reactions, fever or flu-like symptoms, rash or other skin irritations, mild asthma, animal bites or broken bones.

Urgent care facilities will usually cost you less and will often have a much shorter wait times than an emergency room. It may cost you hundreds for a visit to the emergency room, and if you go to an emergency room with an urgent care need, you may be waiting many hours to be seen. They are also a great resource for flu shots and physicals for sports or schools.

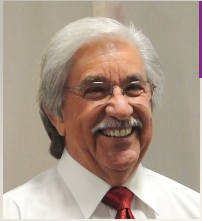
Desert Valley Medical Group has urgent care centers at the following locations : 16850 Bear Valley Road in Victorville, 17450 Main Street in Hesperia and 11499 Bartlett in Adelanto.

This Week's Functionaries

Invocation:	Van Young
Flag Salute:	Sam Lucia
4-Way Test:	David North
Song:	Al Castellucci



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Tafoya Talk...

I was very pleased to see another full room today at Rotary! Please continue to invite potential members to our meetings and events.

Jennifer Starbuck shared what a great time her and her husband Robert had at the TLC weekend, a program for 8th graders that teaches leadership from within, and encourages Rotarians to get involved the next time one takes place. **Rikki Seji Biedsgaard** also spoke on the TLC weekend. As a counselor there, she went home feeling very encouraged. She learned more about leadership, how to set goals and taking risks. A lot of the skills learned at TLC will be very beneficial in her future.



Jim Barnes alerted members that we are in our final push for the Teacher Mini Grants service program. The Club provides grants up to \$300 to local school teachers for classroom projects that they wouldn't be able to provide to their students without our help. In the past we have provided up to \$15,000 annually. Please donate any amount you can, but please help us provide these mini grants to our teachers in the school district.

Spoon of Exemption: Brad Letner

Brad Letner's once again reminded members of the God and Country Celebration on November 5th from 7am - 9am at the High Desert Event Center. Desert Community Bank has donated \$1,000 to the event and **Caroll Yule** and **Shear Realty**, who is buying decorations and volunteering their time to set the hall up for the event. They still have about 30 tables that need to be sponsored. A sponsorship of \$400 buys a table for 10 high school students to attend the event, who get to attend for free.

Fine Session

Mark Taylor was back as our Fine Master and had his fines ready to go! President **Ben Tafoya** was given a \$10 fine for not wearing his Rotary badge AND for calling **Teresa Letner** by the name of Jennifer! Gary Adams celebrated his 70th birthday at Rotary, and even though he sits only about 20 feet from the coffee table, Gary made **Patrica Rocha** bring him a cup of Joe! In the end, Gary was fined 70 minus 20 for a total of a \$50 fine! **David North** was fined \$10 for only saying "1, 2, 3, and 4" when he led the 4 Way Test. Finally, **Dan Dever** was fined \$10 for giving out H&R Block pens that seem to only have a one-time use.

Raffle Prizes

We had a great selection of raffle prizes today from gift certificates to coffee mugs! **Victor Rocha** gave out three \$20 gift certificates to El Pescador, which will be enjoyed by **Violette Roberts** and **Gary Adams**, who won two of them, so he will be enjoying quite a feast there! **Dwight Johnson** gave a Carinos gift certificate which was won by **Margaret Cooker**. Dwight also gave a Madison Decanter set, which will be used by **Brad Letner**. The final gift certificate was a \$25 Midway gift car, that was won by **Caroll Yule**.

In the coffee mug area, **Jim Barnes** donated two B&B mugs that were both by **Ben Tafoya**, so now he has a wonderful matching set! Ben also won a DCB mug with pens from **David North**. We hope Ben drinks lots of coffee!

Ben Tafoya gave away one of his Swiss army knives that was won by **Donna Wells**, and Donna also received a Go-Lunch Thermos set from **Rosanne Weathers**. Rosanne also donated a DVMG 1st aid back pack which was received by Gary Adams. Gary will take it with him when he has a \$40 fears at El Pescador, in case of heartburn...

The Polio Pig....

Collected this week: \$15.00

Polio Pig: \$10 + Violette Roberts (Dice): \$5 = \$15.00

Collected to Date: \$12,736.58

Total equals: 87,538 Doses!

*One dollar equals 2 doses of vaccine!
\$500 pays for a Polio Clinic!*

Lucky Blue Dice



Violette Roberts, who is quickly becoming the permanent "stand-in" for Eldon Heaston was the lucky winner chosen to have a go at the elusive blue dice. She selected a white one, and gave her \$5 winnings back to the Polio Pig! 4 Dice remain and \$450 up for grabs!

Rotary Guests

This week **Marie Langley** went around the room for Rotary introductions. **Roseanne Weathers** brought along with her today Crystal Connas and Amy Pullen from Desert Valley Medical Group as well as our speaker, Dr. Pascal. **David North** invited Linda Moore from DCB, **Mehdi Mostaed** invited Vicki Donkin, **Van Young** brought David Cain and **Al Castellucci** brought David Greiner.

Our stand-ins for the day were **Violette Roberts** for Eldon Heaston, **Tony Cooker** for Dr. Hough, **Ralph Fernandez** for Don Lager, **Tina Torres** for Mark McKay and **Jackie Jaurega** for Maureen Mills.

Future Rotarians and Business Leaders

Teresa Letner from Brentwood Elementary was on hand today with some fantastic Career Exploration Students. The idea behind the program at Brentwood Elementary, is to have students sit with business leaders in our community instead of their parents or teachers, and help expose them to what type of careers are waiting for them out in the word.

David North and **Linda Moore** were with Angelmarie Montes, who is interested in a future as a lawyer, a banker or possibly a career in radio. **Sam Lucia** was partnered with Noah Carter who shows in interest in tax preparation. **Jennifer Starbuck** was joined by Lucy Carlos, who has her eyes set on banking and finally **Rosanne Weathers** spent time with Ria Bagga, who is still undecided on what she wants to do with her career.



VICTORVILLE ROTARY CLUB OFFICERS

Board of Directors

President	Ben Tafoya
Immediate Past President	Steve Murray
Treasurer	Donna Wells
Executive Secretary/Foundation	Margaret Cooker
Incoming President/Membership	Dwight Johnson
Publicity/Public Relations	Kevin Kane
Club Service & President 2016-17	Dan Munsey
Community Service	Brad Letner
Youth Service/Scholarships	Ginger Ontiveros
Vocational Service	Jim Barnes
International	Dan Dever

Members-at-Large:

Rob Kilpatrick • Mark Taylor • Russ Stringham

Positions & Committee Chairs 2014-2015

BOD Secretary	Marilyn Buttelwerth
Sergeant At Arms.....	Gary Adams
SongMaster	Al Castellucci
Programs	Mike Page
Wine, Jazz & More	Dan Munsey
Cards and Calls	Pam Murray
Newsletter	Chris Ackerman

The Victorville Rotary Club meets every Tuesday for fellowship at 11:30 a.m. and meeting at 12:00 noon at the Green Tree Golf Course Clubhouse, 14144 Green Tree Blvd., Victorville

Make-up Days and Locations

MONDAY:	San Bernardino East, Imperial Palace, noon
TUESDAY:	Rancho Cucamonga Sunrise, 7:15 a.m. Empire Lakes Golf Course Rancho Cucamonga, 12:00 p.m., Etiwanda Gardens Hesperia, 7:00 a.m., Denny's, 14165 Main St.
WEDNESDAY:	Adelanto Club meets 2nd Wed. at Chamber Room at Maverick Stadium at 11:30 a.m., and the 3rd and 4th Wed. at Astro's Burgers, 11619 Rancho Rd, Adelanto at 8am. San Bernardino Crossroads, Hilton, noon, Barstow, Quigley's Outlet Center, Lenwood, noon University Prep, 13853 Seneca Rd, 2:00 p.m.
THURSDAY:	Apple Valley, Apple Valley Country Club, noon Ontario, 12:15 p.m., Doubletree Hotel San Bernardino, Denny's at I-15, 7 a.m. Redlands, Masonic Temple, noon Victor Valley Sunrise, Mimi's Cafe, Victorville, 7 a.m.
FRIDAY:	San Bernardino North, Elks Lodge, 12:05 p.m.

CALENDAR DATES

- Oct. 26: Past President's Meeting**
5:30p.m.
Green Tree Golf Course
- Dec. 3: Rotary Christmas Dinner**
El Pescador Restaurant
Victorville, CA
- Jan. 2: Foundation Dinner**
Double Tree Hotel, Ontario, CA
Rotary Intl. President in Attendance
Club will pay 50% of the early bird ticket cost. - deadline 11/1/2015

Upcoming Rotary Programs

- Oct. 27:** Craig Garrick, President/CEO, ComAV, LLC **TOPIC: "How Commercial Aviation is Impacting the High Desert, Our Perspective"** (Page)
- Nov. 3: District Governor's Visit** (Tafoya)
- Nov. 10: Veteran's Day Celebration**
(Hough/Letner)
STAR students Del Rey & Liberty
- Nov. 17:** Merlin Aalborg, COO Heritage Victor Valley Medical Group **TOPIC: "Healthcare Today; it's not your parent healthcare anymore!"** (Orr)

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If you are not receiving your newsletter, please contact Editor Chris Ackerman at chris@signifydesigns.com or 760-559-1686 to be added to the e-mail or mailing list.